

ROAD PAGE

N°1



FRENCH TASTE OF FREEDOM
OFFICIAL FAN CLUB SINCE
2001

EDITO

To celebrate the ten years of the fan club, I decided to revisit the first issues of Road Page and to hand them in page so that they are more fit to be seen. I think that it was necessary, the first magazines had a too simply aspect.

Thanks for your never ending support.

Greg

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Interview

Trier L'Exil February 16 2001



Greg: How is the hard-core scène in New York at present day?

Gary: From what I know, the scène is still alive and well. However, I presently live in Florida and the Florida scène is good as well.

Tom: Non existent!

Eric: it's OK, but I'm not sure, because I live in Cleveland.

Greg: How can you describe your music? We can not speak about hardcore, it's more than just metal isn't it?

Gary: It's a combination of hard-core/metal/and 70's guitar rock!

Tom: Hard-core/metal/rock n'roll.

Eric: It's a mixture of hard-core metal and rock.

Greg: How describe concretely the Pro-Pain success in your personal point of view?

Gary: Pro-Pain for us, is more than just a band. It's an attitude. We are a very independent band.

Tom: Maintaining integrity and looking after business.

Greg: Tom, in witch circumstances have you known Gary?

Tom: We are friends since 1991.

Greg: In 1994, you leave the band 'cause you had health problem. Does Nick ST Denis get the job only during your convalescence?

Tom: As it turned out, yes!

Greg: Gary, to be a Pro-Pain member, is it necessary to have short hair?

Gary: No!!!

Greg: Make war (not love), Bad blood, Smokin' gun, Death

goes on... Will you ever record a song called: "Pretty butterfly on a flower"

Gary: No! You know, the lyrics from "Make war" are pretty good!

Tom: Not likely.

Eric: Not in this life.

Greg: Gary, in 1987, to the question: Your favorite metal bands, Metallica's Kirk Hammett answer was: Anthrax, Metal Church, Crumbsuckers. Your comment...

Gary: Kirk played with Crumbsuckers on stage once at CBGB'S in the 80's. He was indeed a big fan of the band as we were of Metallica as well.

Greg: Raw head inc. is your personal label. Is it easier now to sale or promote the Pro-Pain records with it?

Gary: Not really. It does enable us to get better record deals though.

Tom: It is better because our contracts are between two records labels rather than one label and a band.

Greg: Gary, your phone ring: It's Bon Jovi. "Hi Gary, I want to be the new Pro-Pain singer!" Your answer?

Gary: Hi Jon, you're drunk?



Interview

Trier L'Exil February 16 2001



Greg: Tom, your phone ring: it's Axl Rose: "Hi Tom I want you as lead guitar player in my new band 'Klimchuck & Roses- Your answer.

Tom: No thanks stick boy!

Greg: Eric, your phone ring: it's James Hetfield. "Hi Eric, I want you succeed to me as the drummer in Spastik Children, and later in Metallica but don't talk about this to Lars of course! Your answer:

Eric: If Pro-Pain was done OK. I don't like Metallica music so much, except for the old stuff. But I would do a tour with them if they asked.

Greg: Gary, what is your opinion about Napster?

Gary: I don't really like it, but I think it's a waste of time trying to prevent it.

Greg: Gary, there are few month ago, French metal bands organized a support gig for Chuck Schuldiner. If you were invited, did you come in France for this main goal?

Gary: Sure, I like Chuck and Death

Greg :Witch musician will you really want to meet to make jam or recording demos?

Gary: None that come to mind.

Tom: Dave Matthews.

Eric: Anybody good.

Greg: How can you play an entire gig without set-list?

Gary: Everything is memorized before the tour, but certain songs are done more spontaneously.

Greg: What do you think about French metal bands, do you know some of them?

Gary: Not enough to judge.

Tom: I'm quite ignorant to French bands.

Eric: No, not really.

Greg: Gary, have you use Crumbsuckers materials for Pro-Pain LP, or recording demos with Crumbsuckers?

Gary: No. I am the only one left from that band, so I don't think it would be fair to re-record that material.

Greg: Have you ever recorded cover songs? Witch are if you've done?

Gary: Never, I just don't think anything can match an original.

Greg: Actually, tributes albums are in top of release, what is your opinion about hits?

Gary: I think tributes albums are pretty cool, they get lots of exposure to lesser known bands.

Greg: I would like to thank you for your sympathy, and you can be proud of what has become Pro-Pain: a maximumkickinass band! I hope to see you back in France very soon!

Gary: Thanks!

GARY MISBRI

Greg: *What did you do before Pro-Pain?*

Gary: Many jobs

Greg: *The Pro-Pain song your prefer?*

Gary: At the present time: Substance

Greg: *Favorite wear?*

Gary: On tour: anything comfortable that doesn't wrinkle.

Greg: *Favorite musician?*

Gary: Frank Zappa, Cat Stevens, PH Dawn

Greg: *How is your bedroom?*

Gary: Comfortable

Greg: *Favorite book?*

Gary: Hustler

Greg: *The silly thing you've done when you we're drunk?*

Gary: Too many to list

Greg: *Biggest fear*

Gary: Weights

Greg: *Biggest mistake of your life*

Gary: Life is full of mistakes. I try to turn them into something positive

Greg: *Last wish*

Gary: To continue making my music as long as i want to continue with the same line up



TOM KLINGBECKER

Greg: What did you do before Pro-Pain?

Tom: Athelete

Greg: The Pro-Pain song your prefer?

Tom: Too many to list

Greg: Favorite wear?

Tom: Knee length shirt and low cut v-neck sweater

Greg: Favorite musician?

Tom: Frank Zappa

Greg: How is your bedroom?

Tom: The place to be

Greg: Favorite book?

Tom: None

Greg: The silly thing you've done when you we're drunk?

Tom: Too many to list

Greg: Biggest fear

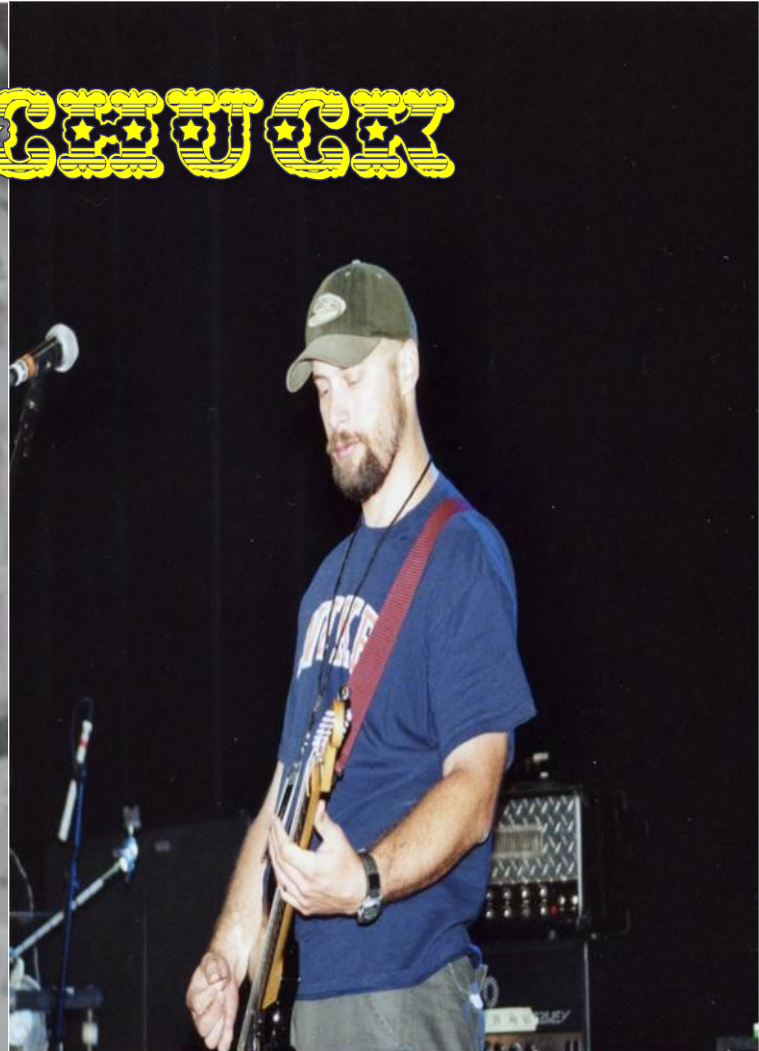
Tom: Shitting my pants

Greg: Biggest mistake of your life

Tom: Too many to list

Greg: Last wish

Tom: Hapiness of my children



ERIC KLINGER

Greg: *What did you do before Pro-Pain?*

Eric: Played in Spudmonsters, Section 315 recorded bands and played a lot of guitar

Greg: *The Pro-Pain song your prefer?*

Eric: Switchblade knife

Greg: *Favorite wear?*

Eric: 3 pieces suits, can't you tell?

Greg: *Favorite musician?*

Eric: Dave Grohl, The descendants

Greg: *How is your bedroom?*

Eric: Very simple: bed and dresser only

Greg: *Favorite book?*

Eric: William Cooper: Behold a pale horse

Greg: *The silly thing you've done when you we're drunk?*

Eric: One time while on tour, I stopped rush hour traffic in Belgrade and ate snow from the middle of the street

Greg: *Biggest fear*

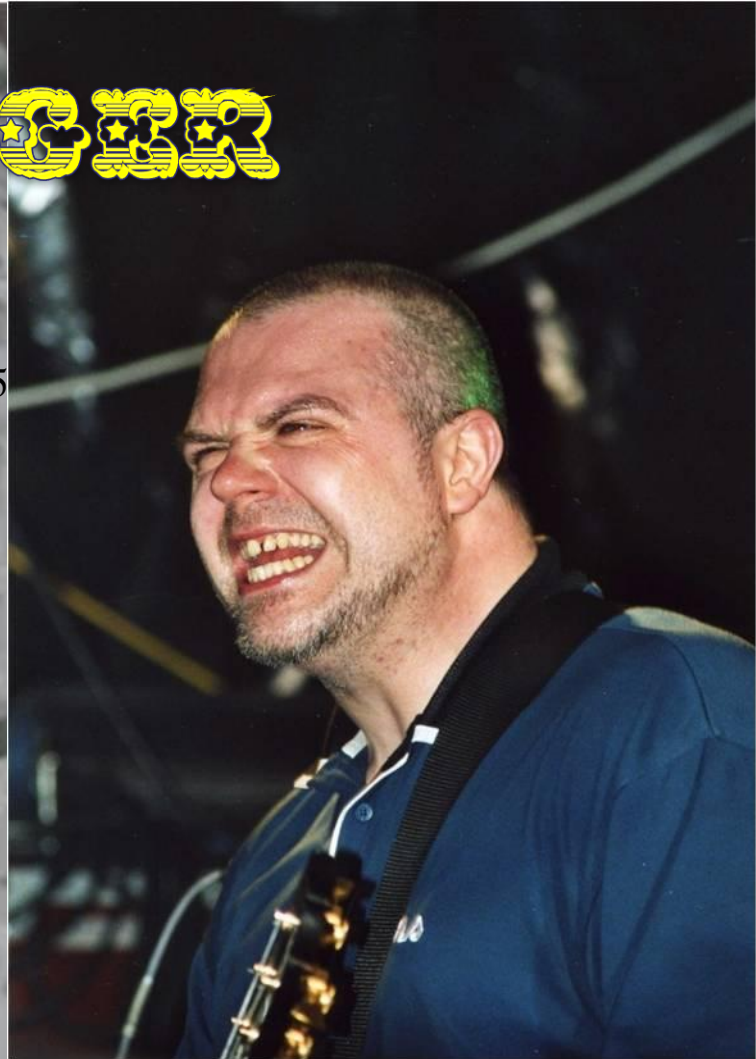
Eric: Not accomplishing goals that I set for myself

Greg: *Biggest mistake of your life*

Eric: Not landing that jump on stage just right that dislocated my left knee

Greg: *Last wish*

Eric: To make difference in other people lives. For the good of course



ERIC MATTHEWS

Greg: What did you do before Pro-Pain?

Eric: The Spudmonsters drummer

Greg: The Pro-Pain song your prefer?

Eric: Take it personnal

Greg: Favorite wear?

Eric: Whatever's comfortable

Greg: Favorite musician?

Eric: Dave Lombardo, Mike Bordin

Greg: How is your bedroom?

Eric: I don't have a bedroom

Greg: Favorite book?

Eric: None

Greg: The silly thing you've done when you we're drunk?

Eric: Fall down the stairs and broke my leg

Greg: Biggest fear

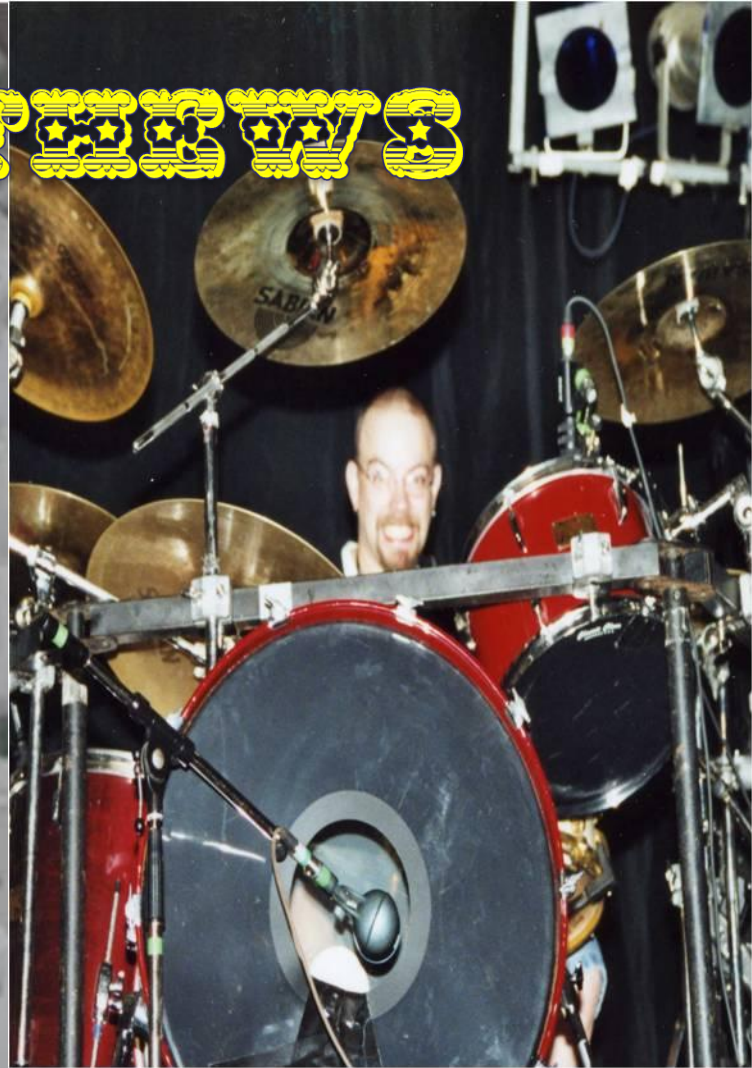
Eric: Falling down the stairs

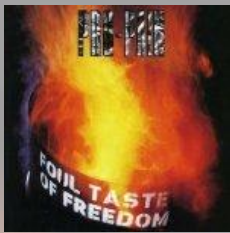
Greg: Biggest mistake of your life

Eric: None

Greg: Last wish

Eric: None

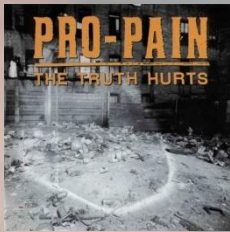




FOUL TASTE OF FREEDOM

ROADRUNNER RECORDS Réf: RR90682 ANNEE : 1993

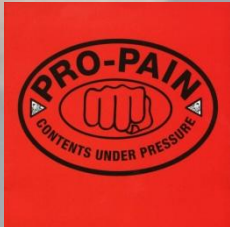
Track list: Foul taste of freedom, Death on the dance floor, Murder 101, Pound for pound, Every god boy does fine, Death goes on, Rawhead, The stench of piss, Picture this, Iraqnophobia, Johnny Black, Lesson learned, God only knows



THE TRUTH HURTS

ROADRUNNER RECORDS Réf: RR89852 ANNEE : 1994

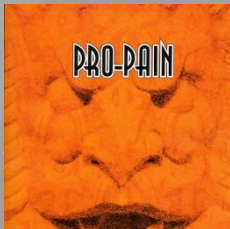
Track list: Make war (not love), Bad blood, Truth hurts, Put the lights out, Denial, Let sleeping dog, One man army, Down in the dumps, The beast is back, Switchblade knife.



CONTENTS UNDER PRESSURE

EDEL RECORDS Réf: 0086622CT ANNEE : 1996

Track list: Crush, Shine, State of mind, Gunya down, The mercy killings, Contents under pressure, Against the grain, Box city, Odd man out, Political suicide.



PRO-PAIN

HIGH GAIN RECORDS Réf: CD 8805042 ANNEE : 1998

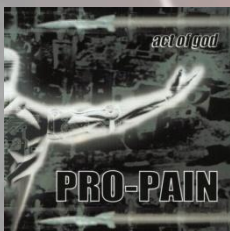
Track list: Get real, Time, No love lost, Don't kill yourself to live, Love/H8, Life's hard, Mark my words, My time will come, Smokin gun, Godsize, Blood red.



BEST OF

HIGH GAIN RECORDS ANNEE : 1998

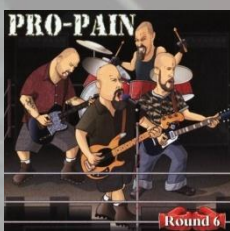
Track list: Take it back, Make war (not love), Foul taste of freedom, The truth hurts, Death on the dance floor, Switchblade knife, Murder 101, Put the lights out, Johnny black, Denial, Pound for pound, State of mind, Shine, Crush.



ACT OF GOD

HIGH GAIN RECORDS Réf: 0055132 HGR ANNEE : 1999

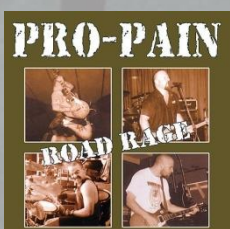
Track list: Stand tall, In for the kill, Act of god, On parade, I remain, Time will tell, Pride, Love and war, Hopeless, Burn, All fall down, F.S.U.



ROUND 6

NUCLEAR BLAST RECORDS Réf: 27361 65312 ANNEE : 2000

Track list: fed up, Desensitive, Substance, All or none, Status quo, F**k it, Psywar, Take it personnal, Make some noise, Let live, Thou shalt not, Draw blood, Down in flames.



ROAD RAGE (live)

NUCLEAR BLAST RECORDS Réf: NB 0592 ANNEE : 2001

SET LIST: Stand tall, I remain, Life's hard, Get real, Act of god, Smokin gun, In for the kill, Don't kill yourself to live, Foul taste of freedom, Crush, Shine, Make war (not love), State of mind, Stench of piss, Bad blood, Iraqnophobia, Pound for pound.

Live in the raw:

During this very cold night, La Laiterie was full, and real seems to be a metal sanctuary. Kids with long hair, piercing, tatoo, and Pro-Pain shirt or other obscurs bands, all were here to bang their heads and drink some fuckin beer!

The German band UNBOUNDS start up the night with his raw and catchy black metal. The show will run during 30 minutes only, 'cause the guitar player had a leg injury and play the entire gig without his crutch. Unbound play in front 100 kids, and we can hope that the band knows a success soon with his music.

40 GRIT came later in the night . The music of this band is a strange mix with different influences . How can we name this metal? T rash-metal-gore-brutal-machin-bidule? Well! I name it « kick in your ass music », 'cause the 40 Grit's style is very energic. The kids really like the show, and in the place we can smell the stench –not of piss– but of swear... We can say that it smell man in the place.



Strasbourg January 18 01

Pat Bonne's cover song « Holy Diver » starts and the red curtain opens up. It's the beginning for one rush hour of hard-core with Pro-Pain!

On the stage it's an apocalyptic incredible riff assault. Gary Vell in his mic, Eric strikes his drums kit, Tom starts to swear, and in the left corner, Eric Klinger is jumping over and over again.

What a hell, the pit is hot, very hot and slammers are numbered, on stage between the musicians.

Each album is revisited, « Time will tell, Pride, Political suicide, and the biggest hits Foul Taste of freedom and Make war (not love) »

Pro-Pain live, it's sweaty pit or nothing!



INTERVIEW ROB MOSCHETTI

Here is the translation of an interview of Rob MOSCHETTI the former guitarist of PRO-PAIN who delivers his point of view on the realization of "Contents under pressure" the third album, and assessed the band.

Pro-pain is a band which definitively acquired its place within the hard-core scene, after the realization of their first album "Foul taste of freedom" in 1993, » Truth hurts " in 94 and in 1996 with " Contents under pressure ". The fans of Pro-Pain can feel a return to the roots of the hard-core; it is evident in view of the process of the recording of this last album.

Rob: the album was recorded at home, we completely produced it and even the dress handkerchief was drawn by us! It is very simple, we think that it represents exactly that the band was always live! The good word adds us on stage to play and we to preach do not add us there to discuss, but to play our music and make our business.

For the first two albums, Gary made everything alone, Rob you made your contribution to the writing this time?

Rob: I was capable of writing "Gunya down» on this album! The majority of the work of composition is assured by Gary. However we all brought our help but basic item lies, the only matter which influences me for the writing and which I was able to feel, it is the group he even. I wrote a heap of songs which are really heavy; they are not in the trip of the album. I try to look like in the Pro-Pain format «which was established with the first two albums. I find that if you are too much far from the image of your group, you have to put yourself a kick in the ass yourself! We are not there to surprise, but to satisfy and I think that it is a good thing to try to make it a name and to forge ahead.

There is a heap of bands like METALLICA who change totally their sound from an album to the other one, and the other bands as Pro-Pain which keep the same with often very explicit words. How according to you do they feel their position in the scene metal generally, and on stage?

Rob: We do not try to be as PANTERA or SEPULTURA or the others band in the same kind! Adds us happy of what we make and we would not be honest any more by trying to look like these lads! We are a band to clubs! Occasionally we play in Europe and in States we participate in some festivals but our house are clubs and small rooms! We try to remain concentrated and not to play with big bands or to meet their public, because it does not interest us! Our fans are true and like the scene which concerns us and I do not consider whether it is a shame to belong to the underground scene or hard-core. There is nobody behind us except the band and the fans!

How it takes place with RECORD ENERGY which supported you from the first day?

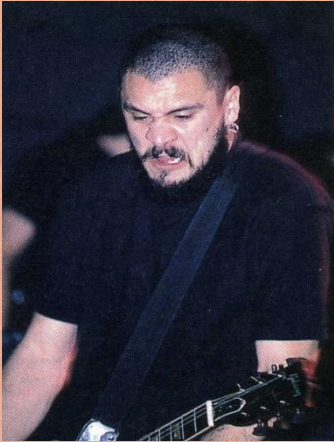
Rob: they let us make what we want since we sell records probably the best of their label! We have the control of what takes place with Pro-Pain, they make our records as soon as they are made! We are far from the promotional tours let us giving ourselves the best of us for the underground scene!

Numerous bands which signed a contract and which gain many dollars change completely their attitude, but it is not the reason for which you do not want to become a big band. You are except because you do not want to deviate from your spirit, and so to keep the total respect for your fans, your integrity is more important than the cash. Rob, I accept gladly this choice, even if you are not exactly the first one to say it, how is the industry of the record?

Rob: every day is very important for us, we look to every best concert of ourselves, and the fans come to say to us that they like what we make, and we know that we make our job! When I began in this job a few years ago, I really looked for to gain a lot of money, it was priority, and pro of the business know you and know what you make and respect you.

INTERVIEW ROB MOSCHELLI

But, when I noticed that they has many liars and profiteers there, you are respected by these people but it is not the purpose. We play with bands as SICK OF IT ALL or BIOHAZARD who respect their fans and play for them how we make it! At the dawn of a tour of five months, what are your best wishes of concerts?



Rob: We played in Europe, in Holland in front of 80 000 kids with MOTORHEAD last week! We also gave another concert in Holland in front of 100 000 fans with VENOM and SLAYER. These concerts are not in our element but it is big for us to come and "to kill" the crowd. The tour of Dynamo in particular became known to us in the press. In fact we had to lose nothing, but many to gain!!!

There are no very known bands in the hard-core scene, but it does not mean that it is non-existent. Today good bands work to stay at the top it is bands which work a little as Pro-Pain?

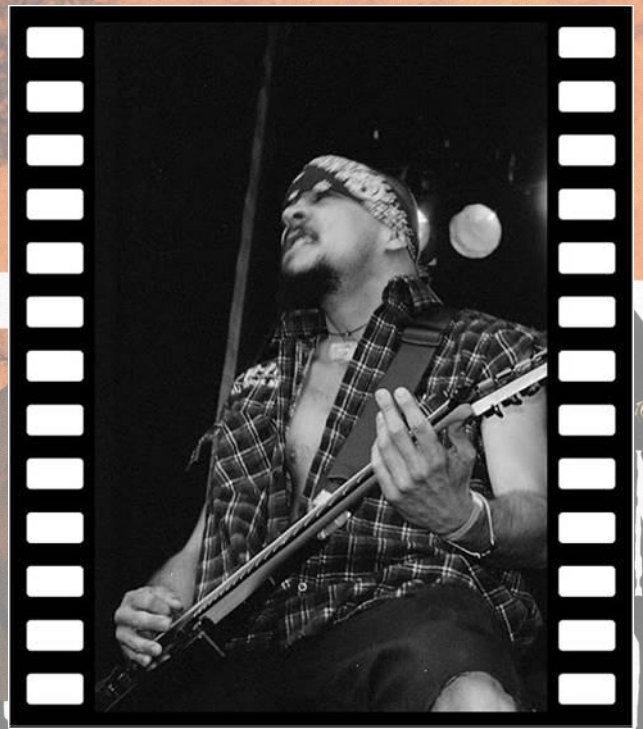
Rob: There are bands as MADBALL, SICK OF IT ALL, us indeed on, BIOHAZARD is above the lot, they signed at WARNER BROS but they remain cool! There are many of the other bands which turn and which I really like(love)!

You have already played in rooms or you were the only hard-core band, often by friendship for small bands!

Rob: It is true that sometimes we were the only hard-core band of the poster, we were capable every time of making the public react! I left even several times the stage to join the public to share even more highly-rated positive of these shows. I think that it is cool if you are in a band you are have to be negative, or try of the hatred, I am against that. The important it is to believe in what you make!

Kept silent about a message for those who were not still lucky to see Pro-Pain live?

Rob: If you want that we prove you that it is necessary to buy the last record, come to one of our show, and let us speak about it even before the concert! I shall offer you free the CD to prove it to you! Come to see us live, and later buy the album, we do not wait for miracle, we are going to prove you what it is like a live, and if you like the new album, you can buy it.



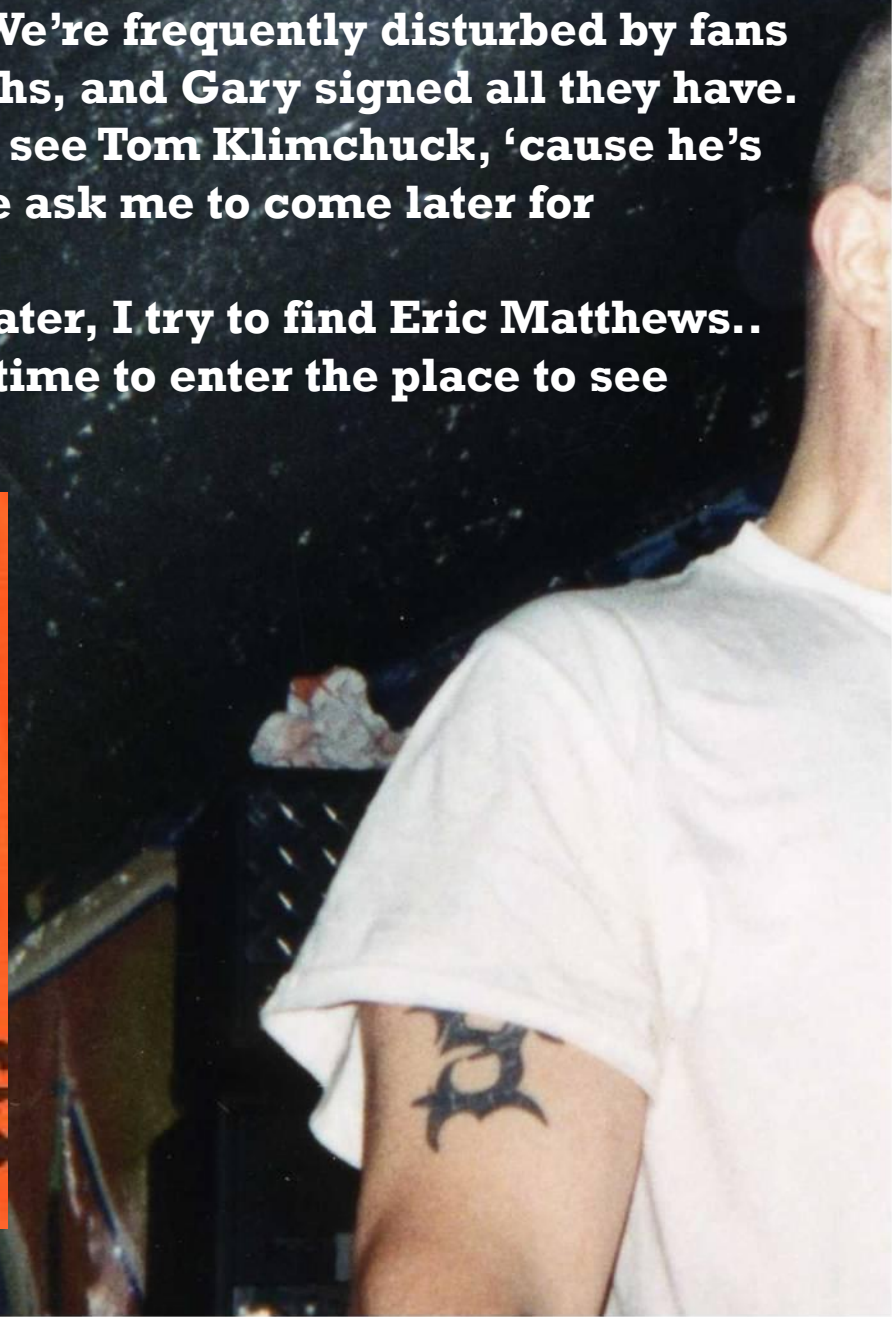
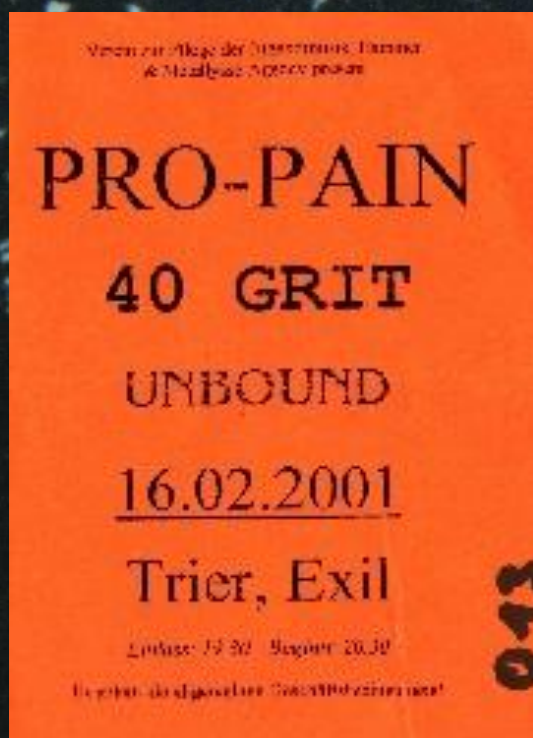
Live in the raw:

One month after the Strasbourg's gig, and only four days after the Road Rage release, I'm back for another Pro-Pain gig, this time in Germany. I really hope we have a lot of fun like in Strasbourg...

Exil is a very nice place, near the football stadium. A long time ago, it was a primary school. The wall are fully painted with very cool graffities. Inside, it's very small, with the instruments, there's not a large place on the scene, it will be hot tonight...

It's 7:30pm I meet Gary and ask him some questions for Road Page. We're frequently disturbed by fans who wants some autographs, and Gary signed all they have. After one hour with him, I see Tom Klimchuck, 'cause he's busy with merch stand, he ask me to come later for interview.

OK Tom see you later, I try to find Eric Matthews.. Some questions later, it's time to enter the place to see opening act...



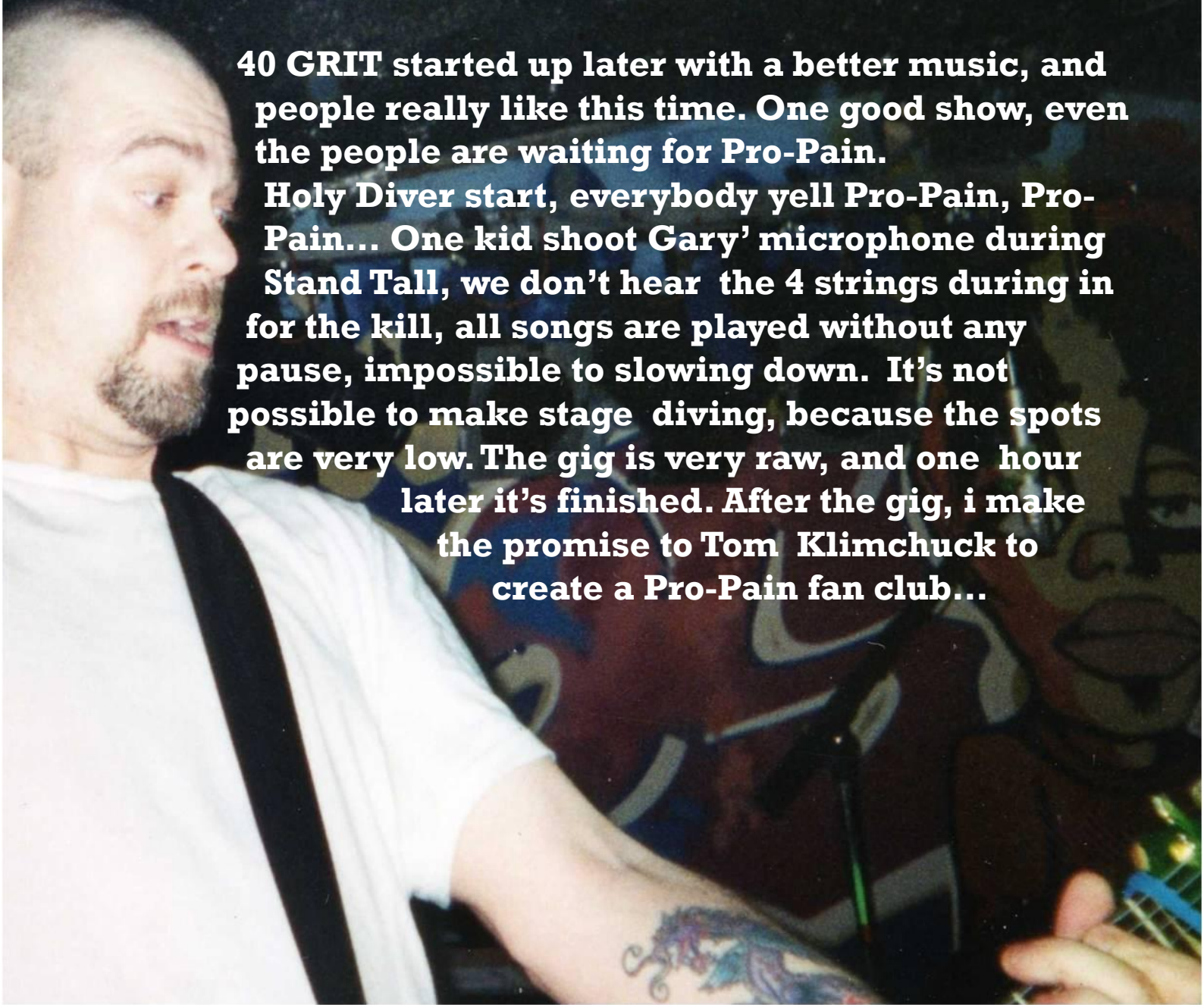
Trier February 16 2001

Tonight, 3 bands before Pro-Pain: The third band is CRACK UP, an excellent band from Germany. The band play a very energetic rock'nroll hard, influenced by Motorhead and some more. The band join Pro-Pain to promote their third album « Maximum Speed » .

Back with another german band: UNBOUND . The guitar palyer is well, no crutch tonight. The crowd doesn't like Unbound black metal, i think the music can be better with additionnal lead guitar. We have the feeling to hear the same song during one entiere show,it's not really cool.

40 GRIT started up later with a better music, and people really like this time. One good show, even the people are waiting for Pro-Pain.

Holy Diver start, everybody yell Pro-Pain, Pro-Pain... One kid shoot Gary' microphone during Stand Tall, we don't hear the 4 strings during in for the kill, all songs are played without any pause, impossible to slowing down. It's not possible to make stage diving, because the spots are very low. The gig is very raw, and one hour later it's finished. After the gig, i make the promise to Tom Klimchuck to create a Pro-Pain fan club...





Interview



Strasbourg January 18 2001

Greg: "Round 6" proove that Pro-Pain play harder faster, isn't it?

Tom : We have no plans of slowing down!

Greg: You only give 3 shows in France, why? Did you have biggest success in other European countries?

Tom: There are fewer cities for us to play in France as compared to Germany and some others. This doesn't mean France is less important to us.

Greg: A lot of band are recording "experimental music". Pro-Pain play "Pro-Pain music" over and over again. Did you ever record a ballad or techno song?

Tom: Not for Pro-Pain. We all write other things but not for Pro-Pain.

Greg: What are your 5 favorites LP?

Tom: 1: Frank Zappa "Sheik Yerboti", 2: Dave Matthews Band "Before these", 3: Neil Young "Unplugged", 4: Cat Stevens "Hard headed woman", 5: Spiritual Beggars "Any".

Greg: What did you think about fans who made fanzine and then try to meet bands for their readers?

Tom: I think it is a good way to stay in touch with current music. I think corporate "music" journalists are opportunistic freeladers.

Greg: What is the future for Pro-Pain?

Tom: More more more and more!

Greg: Some words for our readers.

Tom: Thanks for your support and we look forward to the future!

INTERVIEW GARY MESKIL JUNE 12 1998

You guys have been on the road almost non-stop. This has got to be your first break in awhile.

Gary: Yeah, exactly. You know, it's the fantastic voyage. It never ends, man. We just finished the European Tour. And now, starting this Tuesday, we're back out in the States again for like eight or nine weeks or something like that. So we're just keeping busy supporting the new record, and we just put out the Best Of Pro-Pain record. So things are going cool.

I know you guys have always spent a lot of time on the road. How important is it for you to keep out there and in front of your fans?

Gary: It's very important. As long as we're doing this, I think it's important to get out and play for your fans who buy your records and want to come see you live. It's something that we take as our top priority, as a matter of fact. So we play somewhere around between two hundred and fifty to three hundred shows a year. We've been doing that since the very beginning. So it's kind of all we know, you know. What we do is we record a record, and then we figure out exactly how to schedule our time after that. How many times are we going to do Europe? Maybe two or three times. And then the States two or three times. And then look to other markets to go and play a few shows. It rounds out the year nicely with half of our time mostly in Europe, and then the other half in the States. It works out pretty well that way.

Out of all the shows you've ever done, is there any one in particular that really stands out is the best that you've ever done?

Gary: It's very hard to say. I think that there are certain shows that come to mind for different reasons. I think even some shows that lacked a little bit on the attendance, it's just that we played so damn good, I thought they were nights to remember. But then on the other hand, as far as attendance goes, I think that the Dynamo Festival of '96 was a real highlight for Pro-Pain because we really came out and took the stage by storm, you know. When we played in front of a hundred thousand people all jumping up and down at the same time for "Pound For Pound".

It was amazing, you know. So that was a really great opportunity for us. And one of the highlights of our career, so far, I think.

Would you say that you enjoy playing live more than the writing and recording end of things?

Gary: Yeah, I definitely do. But I think each guy in the band has there own different opinion on which they prefer. But personally, yeah, I like the live shows, you know. I'm not one for spending tons of time in the studio. The whole recording process just gets a little boring for me after a little while.

So I'm like, "Well, let's get it on tape, and then let's mix it and get it out." That's why I never really took on any of the engineer functions myself. I kind of leave that up to Tom. Tom is more of a tech-head, you know. So he handles all that stuff for the band. If there's one guy who enjoys being in the studio, in the band, it's definitely Tom.

I know you guys have been together for seven years, now. How did Pro-Pain first come together?

Gary: It was actually a few guys from a couple of different bands that had known each other for several years that really

weren't doing anything at the time. Namely, Billy Milano, who was our original singer when we first started. He was from SOD & MOD. And the rest of the band members came from the Crumbsuckers – myself, Dan Richardson, and Chuck Lanahan, who was the original guitar player. So it was the combination of the two bands. That's how we started. And it took us a little while to fall into a solid line-up. It was a matter of working out some of the kinks musically and lyrically and really falling into a nice little niche for ourselves, and becoming Pro-Pain, you know. It took some time to really develop our own sound and our own style. And now here we are four albums down the road and just concentrating on playing live and supporting our record. We're working with a lot of new people, and it's been great.

So when you first started out, did you have a clear vision of where you wanted to take the band, or did you just kind of wait for everything to come together and see what you had?

Gary: Well, we certainly had a vision. It was just very sketchy at the beginning because we knew we wanted to be an independent band.



And we knew what the agenda was. We didn't really know how to utilize those things as far as getting to where we wanted to go. But these days, we've developed into a fully independent band. Which is something that we've always striven to be. So we've finally achieved that, and we're self-managed. We really run all aspects of Pro-Pain ourselves, with the band members. And I think that's something that we ultimately wanted to achieve. It really makes for a good situation for all of us, you know. We're not one of those bands that has the luxury of having endless amounts of people working for us and spending endless amounts of money. So we have to make sure that if we want Pro-Pain to be our living, and we want to do it full time, we have to do it right. We have to take on a lot of things that other bands hire other people to do. We have to do that ourselves.

It also allows you to have more control over you own destiny that way.

Gary: Yeah, definitely. Creatively and business wise, too.

What was it that originally got you interested in music?

Gary: Well, I was always a fan of Hardcore music, and Punk music. I really liked the message more than anything else,

you know. And also I had been a bass player. I bought a bass for myself years and years and years ago when I was probably eleven or twelve, but I never really took the bass that seriously. I mean, I picked it up and put on some records and tried to figure out how to play certain songs, but it was just a hobby of mine. But when I put the two together, that's when I had the idea of really starting my own band, and writing my own music and lyrics. That's when things started to kind of go to the next level. Then it was a matter of just taking certain steps to take it up a few notches from there. And it takes time, you know.

If you had to pick out one person who's had the biggest impact on you over the years, who would it be?

Gary: Probably Ian MacKaye from Minor Threat & Fugazi. I like the way that he's carried himself throughout his whole musical career to this day. He's run his own record label, he was always an independent musician, and he never sold out to anybody. He's always remained a real strong figure in my eyes. So, he's one of the few people that I really look up to in this industry.

What about this latest album really made it a special one for you to do?

Gary: Well, we had a few weeks to write the material, and I didn't want it to become a rush job, so I really put every ounce of those five weeks into writing the material. And I was really pleasantly surprised with the quality of the material that was pumped out in those five weeks. Then it was a matter of just getting it onto tape, and I think that we definitely made some magic happen for ourselves in the home studio this time. There was a certain vibe, and a certain electricity that was in the air that I haven't felt really since the recording of the first album, you know. . I mean, the other albums were great. We had a good time supporting those records and recording them. I thought the material was real strong. But there was a certain chemistry this time around. And everything was captured while the material was so fresh, and while everybody was so excited about all the songs being brand new. I think we took that energy and transposed that onto tape, and that eventually ended up being the self-titled record. We're really happy with the way things have come out. It's nice to see the record being so well received so far, and that a lot of people feel the same way. It's great, because you never know how the public is going to take to something that you even may feel really

strongly about.

Do you see that as the biggest difference between this album and your last one, the energy of putting it together so quickly like that?

Gary: I think so. Well, in retrospect, Contents Under Pressure, I thought the material was real strong. I was really happy with the way things came out. But it's a little sterile, I think, because of the drum samples that we used. This time it's more of a live album, and I think it packs more of a punch. The energy level is a little bit more than on Contents..., you know. I just think it's really in the way that it was recorded, more so than the material itself.

If you had to pick one of the tracks off the new album that means the most to you, which one would it be?

Gary: Well, I kind of like different songs for different purposes. Lyrically, I would have to say the song "Time", because it's the most personal. It's kind of a song about finding a balance within my own life between my family situation and my career. So that's a real strong song for me. But as an overall song, I would have to say "Don't Kill Yourself To Live", because I just like the overall catchy-ness of the whole song, and especially the chorus.

I know that you've always been known for your song lyrics.

Gary: Right!

And you've really tried to pull a punch when you write.

Gary: Right!

What would you say motivates you the most when you're sitting down to write lyrics?

Gary: Well, what I do is I generally write the music first. And then I kind of wait until I get some kind of inspiration to write lyrics. I never force the lyrics. So I never say, "Oh, I'm going to write some lyrics, now. What do I write about?" Sometimes it makes me a little bit creatively stifled, you know. And I run into a lot of roadblocks along the way. But eventually the stuff comes out. And I think the lyrics are too important to really just try to force the issue, you know. So I kind of wait until the right time, and then just throw them down and figure out what songs any particular theme would fit best. The lyrics are definitely something that I take to be somewhat of a priority. I think for the other band members, it's the music.



But definitely for myself, the lyrics are "A" number one, you know. I think in this, and music in general, it's important to have some heart and soul in your lyrics, and for them to be about something, you know. No matter what that something is, it's important for it to be about something. It puts a passion behind your music, and it gives the band a purpose. For a band in this genre of music, I think that's really important.

If you could choose the effect that you had on people when they heard your music, what kind of impact would you like it to have on people?

Gary: Well, you would ultimately like it to have a positive impact, but I'm never one to really push a theme down anybody's throat, or push any kind of an agenda down anybody's throat. Although we could be perceived as a band with a message behind it, it's not something that we try to convey or push any kind of message on people. It's important for people to get their own thing, and although a lot of the lyrics tend to have a little bit of my own personal life in it, I try to make it general enough for everyone else to get involved as well, you know. To take their own little piece out of the lyrics and apply it to their own lives. I think that's really important.

Have you ever had an experience where somebody came up to you after a show and told you how a certain song has affected their lives?

Gary: Yeah, I have. It happens pretty frequently, too. I think it just happens when you write things that are basically geared towards the average person. I came from a middle class background, and went through a lot of the steps in life that most of us do, and I think that the fans can certainly connect with that. And it's nice to hear that occasionally, when somebody comes and says that my lyrics have effected them in a positive way, or that they are big fans of the lyrics or what have you. That definitely means a lot to me.

If you could wave a magic wand and change one thing in the world, what would you change first?

Gary: I would change the government and the way it's run. I would start here, and then the next one that I would move on to would probably be Germany. Because those people are getting screwed by their government just as bad, or if not worse, than we are. I guess it's common ground, you know. I think that's why this type of music has a universal appeal, because we

sing about strife and hardships and personal problems and political problems that I think everyone in every country can relate to. No one is living in Utopia, you know. I think that's the beauty of this music, too. We can really connect universally with our problems, and go play all these great places with great people, and share a little bit of insight as to what the problems are, and connect on a more personal level.

Could you ever see yourself doing anything besides music?

Gary: Well, I did a number of other things, but I never considered any of them to be my future or anything like that. I definitely never had a passion for anything else except for music, you know. I mean, I could work the job and do it real well, but it's not something that I want to do for the rest of my life. I think in order for somebody to be happy, myself included, they have to ultimately do what they want to do. Whether it makes a lot of money or very little money. I think to be doing something that you enjoy is where you are going to ultimately achieve happiness, you know. You're not going to get it from a paycheck. That's one of the lessons I learned along the way, and I think it's a good one.

Would you say that's your personal philosophy on life? That you need to go after what you really have a passion for.

Gary: Absolutely, you know. As long as you can get by and live a modest life doing something that you really enjoy, I can't think of anything better than that. Or there are very few things as good or better than that, I should say.

Outside of music what do you enjoy most?

Gary: My family. I devote all my spare time to hanging out with my family and my son. You know, just going out and throwing the ball around with him, or just playing games with him. I don't get a lot of free time between all these tours, so I just make sure that all my free time is devoted to my family, and raising my son. The touring takes up a good deal of every year, so I don't do a lot of other things besides the touring and hanging out with my family, you know. So aside from being on tour, usually that's the only time you're going to catch me in a club. When I'm home, I'm home, you know. We're pretty proud of that. I don't think a lot of bands have done it that way, you know. Usually it's the record company dictating policy,

and your management is responsible for getting you on certain tours... It's a very political business. But we try to stay away from that. We do our own thing. We just play strictly for our fans, and we're not concerned with all the other nonsense that goes on in this industry. And we take pride in that, too. We take pride in the fact that we do our own T-shirts, and sell our own T-shirts, and that we're self-sufficient and manage ourselves. And now that we've got our own record label, we don't have to rely on outside forces to make it all happen for ourselves, you know. I think upcoming bands can really take something from that, and learn from that. They can figure out that they can make a living making music and doing something that they really enjoy if they do it the right way. And the music industry wouldn't be such a horrible place as it is these days. If bands do things in a business as a usual fashion, it's not going to get any better, you know.

Are you guys on the Internet at all?

Gary: Yeah, as a matter of fact, we've got an online chat that we're doing tonight. And it should be pretty cool. We're looking forward to it. It's myself and Rob, and we're going to be answering questions from a bunch of fans, and chatting for two hours.

If you could go back in your life and undo something that you've done in the past, make it like it never happened, is there anything you'd like to erase from existence?

Gary: I don't think so. I think that even in the bad things, there are good things that can be taken from them. I think to have a well rounded lifestyle you have to go through a certain amount of good and bad, you know. Somebody that's only had good things, I don't think that they turn out to be the best people. I think if you use the best of both elements, or if you can pull good things from bad and turn them into learning experiences, it's a good thing. I mean, there's certainly a lot of experiences that could have been a lot better for us, and for myself also. But I think it's important to take the positives out of the negatives. It makes you more of a well rounded person.

Well, that's all the questions I've got.

Gary: Okay, man. I appreciate the interview

BIOGRAPHY

Perseverance, integrity, values, roots, slamming, simple, supercharged speed. This is the domain of metalcore legends Pro-Pain. Pro-Pain was born with Gary Meskil after he played during eight years in Crumbsuckers. We're in 1991, Crumbsuckers split up and Gary Meskil, Dan Richardson, Chuck Lenihan and the other Crumbsuckers members except Robert Koebler also started up a new metal band: Heavy Rain.

From Gary's words, "Heavy Rain was influenced with Queensryche, Fates Warning and was just an experience before I start a new band that I would like to manage my-self". Pro-Pain is born later, with Gary Meskil (bass/vocals), Tom Klimchuck (guitar) & Dan Richardson (drums). Rising from the ashes of influential New York hardcore act Crumbsuckers, Pro-Pain found themselves minor sensations with 1992's Foul Taste Of Freedom (Gary like to call it "my baby record").

The press was unanimous, this album gave new blood to hard-core music with deep lyrics and energy music. Born in the cesspool of NYC's hardcore world, Foul Taste Of Freedom was more about youth-fuel anger than constructive criticism. But this was a beneficial time for heavy metal, and the record had up sales of 175,000 worldwide... The band release the first video clip with producer Peter Spiner: "Pound for pound".

Guitar player Tom Klimchuck leave the band 'cause he had exacerbated illness with Kohn's disease.

The band replace him with Nick St Denis known during their tour with Testament. After an intensive tour with Testament, D.R.I., Body Count, the band recorded a remix for the song "Pound for pound", Mike Holman join the band, and the making-off second album also start. The Truth Hurts was next, slamming into the band like a freight train. "The Truth Hurts was an absolute nightmare," reveals Gary: "As soon as we stepped into the studio, nothing went right until we stepped out.

It was weeks trying to get guitar sounds, weeks of trying to get drum sounds, chasing our tails continuously and ending up with a product that we liked at the time, didn't like as time went on, and now just

kind of accept for what it is. It stands out in the Pro-Pain catalog as the one being way different from everything else. On February 4th, the band is in France in Paris "Fahrenheit" with Spudmonsters... "The truth hurts" came out in July 1994 with a censored cover. This album contains hits like "Make war (not love)", "Switchblade knife" and "Put the lights out" with guest star Ice.T.

The recording method of vocals was not a big success, it was hard to understand lyrics, and then the album get not a well success. About The truth hurts, Gary says: "I think it has a lot of cool things about it. It didn't come out the way it was supposed to. The demo sounded a hell of a lot different but I think if anything, it did us a lot of good because we started producing our own records after that. Which is the crucial about-face for this band that found them solidifying their sense of purpose. The band release their second video clip with producer Ben Rubin: "Make war (not love)". Every album since 1996 will be self-produced to steel-on-steel perfection, Pro-Pain's steady gaze on the mess that is America captured relentlessly, each album a two-ton cornerstone of a sound that has remained direct and defiant. Tom Klimchuck is back, Mike Holman and Nick ST Denis leaved the band, replaced with ex-M.O.D. Rob Moschetti. The third album is ready for 1996, and is called: "Contents under pressure". Pro-Pain's back in France and gave an autograph session in record shop "FNAC" in Lyon, in the afternoon, and played live with Pissing Razors & Stuck Mojo in "Globe". This album sign up the return of the band after a large rumor as the band want

to split up! Dan Richardson leave the band after the release of "Contents", and the band take ex-M.O.D. Dave Chavarri as drummer. They also recorded the fourth album simply self-titled and the first best-of came out the same year (1998). The self-titled album is one of the best, it takes a new direction for the Pro-Pain music, slowly but still loud, with an incredible song "Time" dedicated to Gary's son! In march of this year, for the last time, Pro-Pain, Gurd and Spudmonsters played on same stage in Paris "La Locomotive". Few month later, The Spuds splitted up... Pro-Pain played too in Villeurbanne "Pezner" with opening act Refused. The band release their third video clip with producers John Warden & Peter Konczal: "State of mind". Once again, the line-up of the band is changed, Dave Chavarri is gone, and the band was helped during the tour with Mike Hansel, before Pro-Pain find a new drummer... Rob Moschetti leave the band too, and ex-Spudmonsters Eric Klinger is engaged. He gave to his friend (and ex-Spudmonsters too) Eric Matthews the opportunity to join Pro-Pain. The band release two new videos with producers John Warden & Peter Konczal: "Time" & "Don't kill yourself to live". Act of god - the fifth album of the band- came out and is the one I prefer. The band played during long cold winter in France and specially in Strasbourg "La Laiterie", and Paris "La Locomotive". They're back in summer with Pissing Razors, Iron Monkey, Viridiana. The band release their first live video clip "In for the kill" with producers John Warden & Peter Konczal. During this tour, the band recorded a gig to release a live album "Road Rage". Back in studio after the tour, they recorded a new album "Round 6" and filmed the gig in Stuttgart in 2001 to make a video "Raw video". In November, FRENCH TASTE OF FREEDOM is born...



Gary MESKIL

Vocals & bass

Birth date: 07.10.1965

Married with Lisa, one son :Gary Jr

Precedent band: CRUMBSUCKERS , HEAVY RAIN

Favorite artist: Neil YOUNG, Cat STEVENS, Franck ZAPPA

Guitars: Stingray vintage musicman (4 strings) Stingray Ernie Ball (5 strings)

Strings: DRHighbeams strings

Ampli: Mésa boogie 400

Effects: Peavey TB Raxx

Tom KLIMCHUCK

Lead guitar

Birth date: 09.12.1969

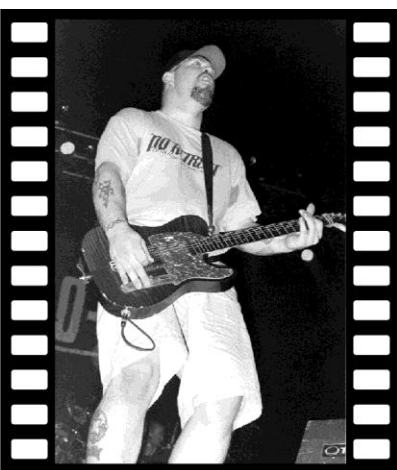
Married with Krista, one daughter: Maggie

Precedent band: M.O.D, MAKOTA

Favorite artist : Cat STEVENS, Franck ZAPPA

Guitars: Gibson Les PAUL Strings: DR strings

Ampli: Mésa boogie



Eric KLINGER

Rythm guitar

Birthdate: 25.02.1973

Married with Eva, two children Angela & Eric Jr

Precedent band: SPUDMONSTERS, SECTION 315, LUCKY 13

Favorite artist : DESCENDANTS, FOO FIGHTERS, GREEN DAY

Guitars: Gibson custom explorer, ESP horizon Strings: DR strings

Ampli: Peavey

Eric MATTHEWS

Drums

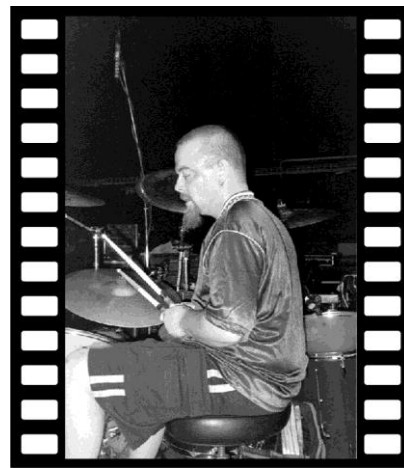
Birthdate: 04.07.1969

Unmarried

Precedent band: SPUDMONSTERS, VIRGIN DESTROYERS, EVIL CLOWNS, DINK

Favorite artist : Nine Inch Nails, Marylin MANSON, Doobie Brothers

Drum kite: 1 Pearl Birch 5 toms, 1 Ludwig 5 toms , Cymbals SABIAN, Skins AQUARIAN, Sticks Vic Firth



ANCIENTS MEMBERS



Rob MOSCHETTI

Guitar

Precedent band: M.O.D

What he do since he leaved Pro-Pain: Don't play any music.

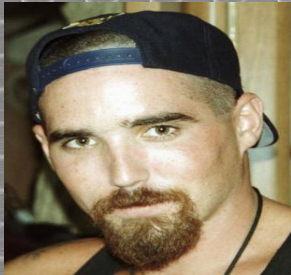


Dave CHAVARRI

Drums

Precedent band: M.O.D, LAAZ ROCKIT

What he do since he leaved Pro-Pain: Play with ILL NINO



Dan RICHARDSON

Drums

Precedent band: CRUMBSUCKERS

What he do since he leaved Pro-Pain: Play with Life of Agony, and Stereo Mud



Mike HOLMAN

Guitar

Precedent band: ?

What he do since he leaved Pro-Pain: Play with Pivot Man



Mike HANZEL

Drums

Precedent band: ?

What he do since he leaved Pro-Pain: i dont't know... Mike joined PRO-PAIN on '98 tour, he does'nt appear on any record



Nick ST DENIS

Guitar

Precedent band: Nick was Testament guitar-tech

What he do since he leaved Pro-Pain: Play with Systematic

ROAD PAGE N° 1



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